

C.O.P.E. TRAINING

Team-Building Unit C.O.P.E. & C.O.P.E. Facilitator Training

#1: Team Building C.O.P.E.

Where: Camp Loud Thunder When: April 25-27, 2014 (Fri. 7pm to Sun. 4 pm)

This motivating program is for Scouts interested in learning ways to build the Team concept within their unit. Scouts will learn that working as a group will accomplish much more than working individually.

Learn what it means to be a Scout-run Troop or Crew! Strengthen your skills in communication, decision-making, planning, problem-solving, self-esteem, and FUN! Ask any Scout who has completed a full weekend of C.O.P.E. and they will tell you it is well worth the time.

Your fellow Scouts will learn what it means to work as a Team at Unit C.O.P.E. Every unit serious about a Scout-run Troop or Crew should send its experienced Scouts to this training.

Cost for Scouts is \$24. The course includes necessary equipment. (If you would like to bring your own climbing helmet, harness, and gloves, you may use them at the discretion of the C.O.P.E. Director). Please do not wear jewelry or watches. No cell phones.

To save time, lunch Saturday and lunch Sunday should be brought to the COPE course. A good team building activity is to assign each Scout to bring an item for lunch. If one forgets, all suffer. Be flexible. Bring water bottle (water supplied on course). Plan food for Friday Crackerbarrel; Saturday Breakfast, Supper, Crackerbarrel; and Sunday Breakfast. Include ingredients for sandwiches, chips, fruit, cookies, etc. Bring enough food for instructors and all Scouters.

You are required to bring a completed BSA **Annual Health and Medical Record** (at least Part A & B) to the Friday evening meeting at camp. No one may participate without their physical. Bring tent, sleeping bag, eating utensils (cup, fork, spoon, plate), personal hygiene items, as well as personal/camping gear. Clothing should be loose fitting, long clothes to allow ample movement---yet not baggy. Footwear should be sturdy. **DRESS FOR THE WEATHER.** This program will be rain or shine unless the Director feels SAFETY is compromised. (Climbing equipment is supplied; your own equipment use is at the discretion of the COPE Director in charge.)

Come with high expectations of learning ways to improve yourself and to accomplish more as a team. Your attitude will go a long way to make this a memorable experience.

Questions: Contact Jamie Petersen at petersenjm5@gmail.com

UNIT C.O.P.E. TEAM TRAINING REGISTRATION FORM – April 25-27, 2014

Name _____ District _____ Unit Number _____

Address _____

City _____ State _____ Zip _____

Birthdate _____ Phone (H) _____ Phone (W) _____

Email _____

Special Needs _____

Completed: [] National Youth Leadership Training [] National Jamboree [] High Adventure Base

Submit Registration Form, Survey and \$24 fee by April 18, 2014 to:
ILLOWA Council, 4412 N. Brady St., Davenport, IA. 52806

“Supported by Friends of Scouting, Popcorn Sales and the United Way”



#2: C.O.P.E. Facilitator Training

Where: Camp Loud Thunder When: April 25-27, 2014 (Fri. 7pm to Sun. 5 pm)

C.O.P.E. Facilitators are needed to assist C.O.P.E. Directors with on-course activities. Facilitators assist youth and adults in experiencing the dynamic high and low course program to the fullest -- teaching team, trust and confidence building as well as problem solving and decision making.

This experience will help you teach your Scouts to learn the benefits of thinking and working as a Team.

The cost for Facilitator training is \$35.00 and includes necessary equipment. (If you would like to bring your own climbing helmet, harness, and gloves, you may use them at the discretion of the C.O.P.E. Director).

Your leaders will learn how important it is to teach your Scouts to work as a Team and make good decisions. Every unit serious about a Scout-run Troop or Crew should send its Scouters to this training.

Facilitator Training has three levels: At 16+ years of age you can earn the "Instructor In-Training" level, age 18+ can earn Instructor (known as Facilitator), and 21+ could reach the Lead Facilitator certification. You must be willing to engage in fairly vigorous physical activities. Send your Registration Form, Facilitator Survey and \$35.00 to the Illowa Council Service Center by Friday, April 18, 2014.

This enjoyable training opportunity will start at 7:00 p.m. on Friday evening at Camp Loud Thunder and concludes around 5:00 p.m. on Sunday evening. Please arrive **NO LATER** than 6:30 p.m. so we can get the training started on time.

You need the following: Completed Annual Medical Health Form- Parts A & B (required) , tent, sleeping bag, food, eating utensils (cup, fork, spoon, plate), personal hygiene items, as well as personal/camping gear. Clothing should be loose fitting, long clothes to allow ample movement---yet not baggy. Footwear should be sturdy. **DRESS FOR THE WEATHER.** This program will be rain or shine unless the Director feels **SAFETY** is compromised. (All climbing equipment will be supplied; use of your own equipment is at the discretion of the COPE Director in charge.)

Questions: Contact Jamie Petersen at petersenjm5@gmail.com

COPE FACILITATOR TRAINING – April 25-27, 2014

REGISTRATION FORM

Name _____ District _____ Unit Number _____

Address _____

City _____ State _____ Zip _____

Birthdate _____ Phone (H) _____ Phone (W) _____

Email _____

Special Needs _____

Submit Registration Form, Survey and \$35 fee by April 18, 2014 to:
Illowa Council, 4412 N. Brady St., Davenport, Ia. 52806

"Supported by Friends of Scouting, Popcorn Sales and the United Way"



1-6801-300-21

C.O.P.E. Facilitator Training Survey

(Please Print Clearly)

Name _____ Date of Birth _____
 Address _____
 City _____ State _____ Zip _____
 Phone(H) _____ Phone(W) _____ E-Mail _____
 Scouting Position _____ Unit Number _____
 Physical Restrictions _____

HIGH ADVENTURE EXPERIENCE

Charles L. Sommers _____ Philmont Scout Ranch _____
 Florida Sea Base _____ Laguna Station _____
 World Jamboree _____ National Jamboree _____
 Other _____

TRAINING

Scoutmaster Fundamentals/Specific _____ Wood Badge _____
 National Camp School _____ Other _____

KNOWLEDGE

	<u>Have Taught</u>	<u>Have Training</u>	<u>Know About</u>	<u>Need Help</u>
<i>Youth Protection Training</i>	()	()	()	()
<i>Climb on Safely</i>	()	()	()	()
Harnesses	()	()	()	()
Helmets	()	()	()	()
Webbing	()	()	()	()
Ropes	()	()	()	()
Knots	()	()	()	()
Belaying	()	()	()	()
Hardware	()	()	()	()
COPE/Climbing	()	()	()	()

Please share more about your experience.....

